



Free Flu Shots!

Oct. 15 - Feb. 15

**Be ready for the 2006-07
flu season.**

COVA Care members may get flu shots at no charge from some pharmacies:

**CVS
Medicine Shoppe
Kroger
Giant (AHOLD)
K-Mart
Shoppers (Supervalu/Farm Fresh)**

**Walgreen
Leadernet
Safeway
Rite Aid
Ukrop's**

Just show your COVA Care plan ID card. Call ahead to be sure your pharmacy participates in the Medco/Commonwealth of Virginia pilot flu shot program.

Find out more at www.dhrm.virginia.gov.



Department of Human Resource Management